

Chiropractic Health Questionnaire

Welcome to our office! Please answer the following questions:

Name _____ Home Phone _____
 Address _____ Work Phone _____
 City, State, Zip _____ Cell Phone _____
 Birth Date _____ Age _____ Cellular Service Provider _____
 Occupation _____ Employer _____
 Marital Status: M W Sep. D Sin. Spouse Name _____ No. of Children _____
 E-mail Address _____

1. Spinal problems can cause a variety of health problems. Please check the health complaint(s) you are currently experiencing or experience on a periodic basis:

- | | | | |
|---|--|--|---------------------------------------|
| <input type="radio"/> Low Back Pain | <input type="radio"/> Arm or Hand Pain | <input type="radio"/> Carpal Tunnel Syndrome | <input type="radio"/> Indigestion |
| <input type="radio"/> Upper/Mid back Pain | <input type="radio"/> Leg or Foot Pain | <input type="radio"/> Ear Infections | <input type="radio"/> Chronic Fatigue |
| <input type="radio"/> Neck Pain | <input type="radio"/> Asthma | <input type="radio"/> Frequent Colds | <input type="radio"/> Arthritis |
| <input type="radio"/> Shoulder Pain | <input type="radio"/> Allergies/Sinus | <input type="radio"/> Spinal Curvature | <input type="radio"/> Fibromyalgia |
| <input type="radio"/> Others _____ | | | |

2. What is your primary health complaint? _____

3. Auto and work injuries can cause serious spinal problems. Is this visit related to an auto or work injury? YES NO

4. Have you had previous chiropractic care? YES NO

Chiropractor's name/ Location _____ Date of last adjustment _____

5. Have you ever been told that you have a spinal curvature, spinal arthritis, or inherited spinal problem?

YES NO If yes, please circle which one

6. Long term spinal misalignments can cause decay and arthritis in the spine which may result in grinding or popping noises. Do you ever hear grinding or popping noises when you move your head or neck? YES NO

7. Spinal misalignments can make you feel like you need to twist or stretch your neck or back. Do you ever feel the need to twist or stretch your neck, mid, or lower spine? YES NO

8. Poor posture can lead to poor health and usually indicates a spinal problem. How would you rate your posture?

Poor – 1 2 3 4 5 6 7 8 9 10 – Excellent

9. Stress can cause or aggravate spinal problems. Rate your stress level over the last 90 days.

Low – 1 2 3 4 5 6 7 8 9 10 – High

10. Are you currently taking prescription medication? YES NO Please list _____

11. Spinal health is especially important during pregnancy. If female, is there any chance that you are pregnant?

YES NO MAYBE Date of last cycle _____ If yes, when is your due date? _____

12. Have you ever been diagnosed with cancer? YES NO If yes, what kind? _____ Year diagnosed _____

13. Have you ever had spinal surgery? YES NO If yes, on what area of your spine? _____

14. How did you hear about us? PATIENT _____ WEBSITE OTHER _____

The above information is true and accurate to the best of my knowledge. Copies of any x-rays and reports will be released upon written request; however, original x-rays remain the property of the clinic.

Signature _____ Date _____