

Welcome to our office! Please answer the following questions:

Name _____ Home Phone _____
 Address _____ Work Phone _____
 City, State, Zip _____ Cell Phone _____
 Birth Date _____ Age _____ SS# _____
 Occupation _____ Employer _____
 Martial Status: M W Sep. D Sin. Spouse Name _____ No. of Children _____
 E-mail Address _____

- Spinal problems can cause a variety of health problems. Please check the health complaint(s) you are currently experiencing or experience on a periodic basis:

<input type="radio"/> Low Back Pain	<input type="radio"/> Arm or Hand Pain	<input type="radio"/> Carpal Tunnel Syndrome	<input type="radio"/> Indigestion
<input type="radio"/> Upper/Mid back Pain	<input type="radio"/> Leg or Foot Pain	<input type="radio"/> Ear Infections	<input type="radio"/> Chronic Fatigue
<input type="radio"/> Neck Pain	<input type="radio"/> Asthma	<input type="radio"/> Frequent Colds	<input type="radio"/> Arthritis
<input type="radio"/> Shoulder Pain	<input type="radio"/> Allergies/Sinus	<input type="radio"/> Spinal Curvature	<input type="radio"/> Fibromyalgia
<input type="radio"/> Others _____			
- What is your primary health complaint? _____
- Auto and work injuries can cause serious spinal problems. Is this visit related to an auto or work injury? YES NO
- When was your last complete chiropractic examination including x-rays?

<input type="radio"/> Within the last year	<input type="radio"/> 1 – 5 years	<input type="radio"/> 5 years or longer	<input type="radio"/> Never
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- Have you ever been told that you have a spinal curvature, spinal arthritis, or inherited spinal problem?

<input type="radio"/> YES	<input type="radio"/> NO	If yes, please circle which one
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- Long term spinal misalignments can cause decay and arthritis in the spine which may result in grinding or popping noises. Do you ever hear grinding or popping noises when you move your head or neck? YES NO
- Spinal misalignments can make you feel like you need to twist, stretch, or crack your neck or back. Do you ever feel the need to twist, stretch, or crack your neck, mid, or lower spine? YES NO
- Poor posture can lead to poor health and usually indicates a spinal problem. How would you rate your posture?

Poor	–	1	2	3	4	5	6	7	8	9	10	–	Excellent
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- Stress can cause or aggravate spinal problems. Rate your stress level over the last 90 days.

Low	–	1	2	3	4	5	6	7	8	9	10	–	High
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- Are you currently taking prescription medication? YES NO Please list _____
- Spinal health is especially important during pregnancy. If female, is there any chance that you are pregnant?

<input type="radio"/> YES	<input type="radio"/> NO	<input type="radio"/> MAYBE	Date of last cycle _____	If yes, when is your due date? _____
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- Have you ever been diagnosed with cancer? YES NO If yes, what kind? _____ Year diagnosed _____
- Have you ever had spinal surgery? YES NO If yes, on what area of your spine? _____
- If the doctor feels that you will benefit from chiropractic care, are you willing to follow his/her recommendations?

<input type="radio"/> YES	<input type="radio"/> NO	_____
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The above information is true and accurate to the best of my knowledge. Copies of any x-rays and reports will be released upon written request, however original x-rays remain the property of the clinic.

Signature _____ Date _____